

Prime Objectives

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LIVING WITHOUT REGRET

My Mom passed away one week ago today. My parents were happily married 56 years. Their friendship began in their freshman year of High School and never ended. They lived a full life together, parting with dignity and without regret.

Growing up, our home was abundant with diverse company, laughter, lively debates, victories and defeats. Above all was unconditional love.

Through the years Dad and I teamed-up as community leaders, with Mom's strong support behind the scenes. I remember the great anticipation of turning 16 so I could join my Dad as an active volunteer firefighter in the American Fire Co. 1, Lansford, PA. Together, we never failed to answer the call of many 4:00am alarms. We know what it takes to transition from a deep sleep to battle a blazing inferno in a moments notice.

Our last 4:00am alarm came on September 15th. We left the hospital just a few hours earlier with Mom in stable condition and in good humor. This time, the ride was long and ominous. As always, we didn't know what we would ultimately face, but we were prepared.

We did know that the minutes, hours, days, weeks and years leading up to that ride were not taken for granted. We knew that Mom was in the best possible medical facility with an exceptional medical team. We knew that everything within our control was in order.

On the ride home, we discussed all sorts of possible scenarios and outcomes, each concluding with no regrets. In living testimony, my parent's life together and the lessons they pass on are authentic to the power of love and living without regret.

Through my parents' example I've learned that living without regret comes from having the peace of mind to say what needs to be said, before it's too late. That everything needing attention is attended to in the moments it matters most. That decisions and actions based on unconditional love make it very possible to live without regret through our limitless power of choice. For unconditional love never dies.

Thank you Mom and Dad!

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