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Prime Objectives Newspaper Column

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Are You Ready?

Special thanks to the Results Publishing Group for the opportunity to team-up with you. My primary objective is to help stimulate your thinking and prompt positive action steps toward achieving your life goals.

I come to you with forty-seven years of experience as an athlete, volunteer firefighter, blue-collar laborer, government and community leader, newspaper circulation and marketing executive, martial artist, private pilot, magician, entrepreneur, writer, speaker, coach, trainer, husband, parent of two teenage daughters and habitual volunteer. Basically, I have a hard time saying "no" to a challenge.

The worst four-letter word anyone can proclaim in my presence is "CAN'T." So if you're a mid-lifer and beyond with a mind-set of, "just hanging in there", "can't wait to retire", "do we have to do this again", or "I've always wanted to do that, but", you have just become my newest challenge.

Are you ready to accept a challenge? If so, let's begin our journey toward unfolding your passions and potentials with these three action steps:

1. Write down three things you have always wanted to try, but haven't.
2. Place a number next to each one that represents your order of priority.
3. On a fresh sheet of paper, write your highest priority item and list three immediate action steps you are willing to complete within the next 24 hours. Now do them.

As you continue to take more action steps toward your objectives, they will also move toward you like magic.

I welcome your comments, ideas and success stories.

By Rick Forgay

"Excel At Building Businesses Where People, Productivity and Profits Thrive In Any Economy."