

Owners vs. Victims

Mind is the Master Power that molds and makes, And we are mind. And ever more we take the tool of thought, and shaping what we will, brings forth a thousand joys, or a thousand ills. We think in secret, and it comes to pass, environment, is but our looking glass.

Those words represent an updated excerpt of the 1902 book titled, "As A Man Thinketh" by English author and poet James Allen.

He also believes that, circumstance does not make a person, it reveals the person to themselves." In a more light hearted version, I utilize a book cover titled, "How Come Every time I Get Stabbed In The Back, My Finger Prints Are On The Knife" as a visual prop in my coaching workshops and keynote presentations. They examples convey the same message in different words. The latter generates more truth based laughter.

Realizing true happiness in life requires us to pass through the gates of individual responsibility. A mantra for this immutable universal principle is, "*I am responsible for my life, my feelings and all the results I get.*" That mind set is one of total Ownership.

Owners take full responsibility for their roles as leaders and team players under any circumstance. Owners take positive initiative and actions. Owners embody positive self control. Owners understand change and seek better ways to bring out the best in themselves and those they serve.

Victim's choose to blame circumstances and others for their position in life. Victims choose resignation and entitlement over attitudes of gratitude and personal responsibility. Victims seek other victims for validation in proving they are right over doing what is right for the benefit of all.

We have all chosen to play the roles of Owner and Victim at times in our life. The role we choose at any given time is simply a matter of our mind sets in controlling our emotion and thoughts toward any desired result or goal.

Here are three powerful questions to help us claim full Ownership in our life: Why? Why not? Why not me? Why not now?

WARNING: Taking Ownership of your life can cause severe feelings of enjoyment, gratitude and satisfaction.



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